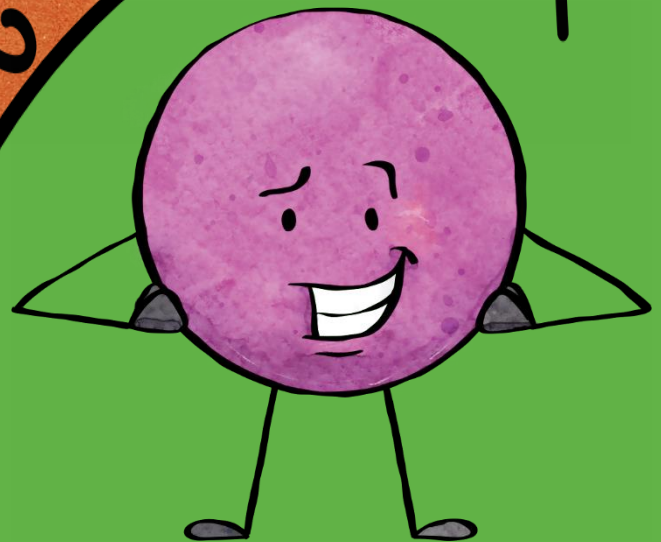


# Let's Learn Our Emotions!

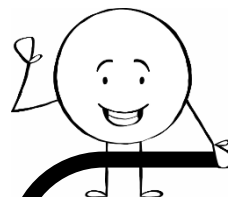
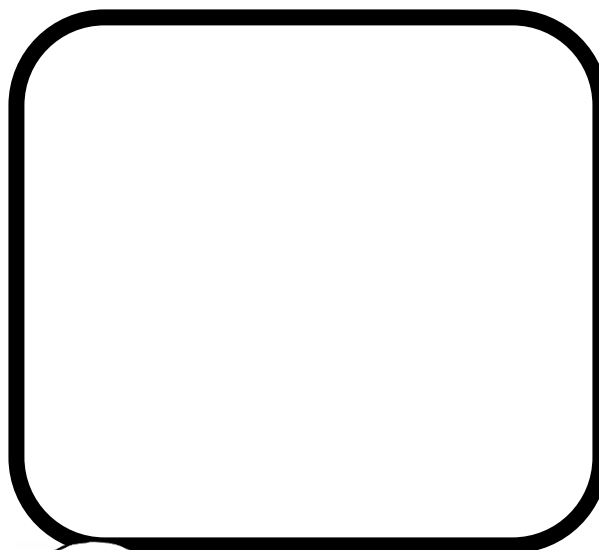
Lesson Plan  
on Emotions  
for Grades  
4-6



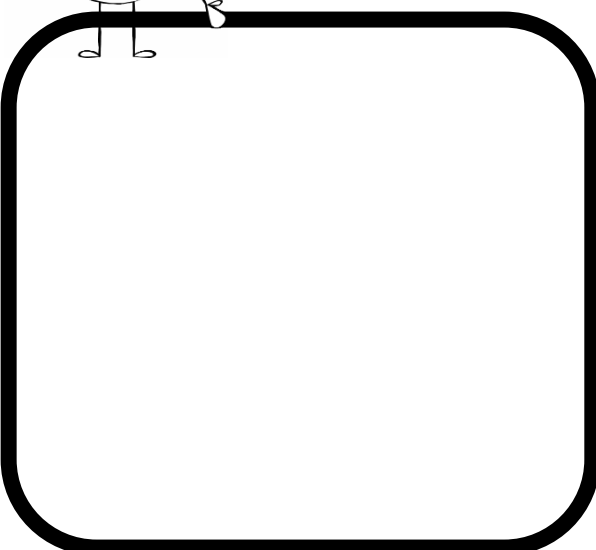
# Which Emotions Are Similar?

Sort the emotions on the next page into correct categories.

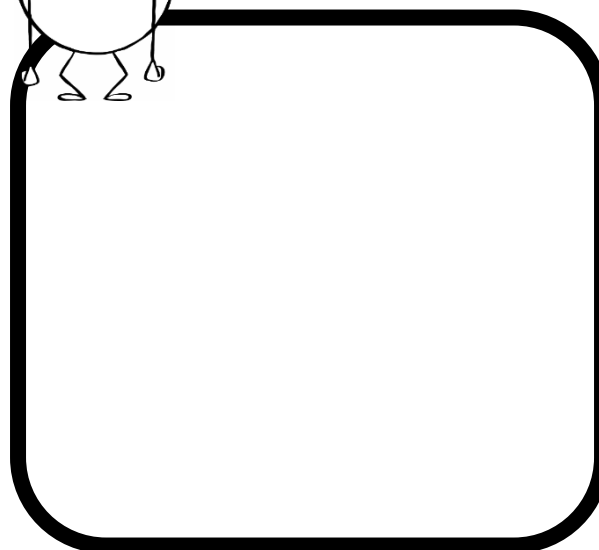
**ANGRY**



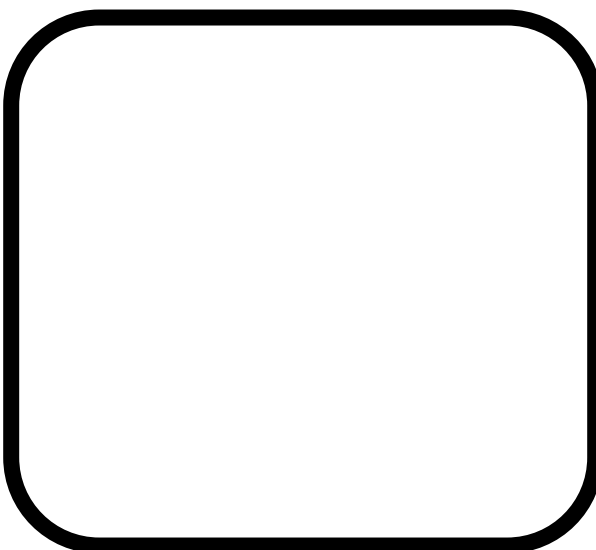
**HAPPY**



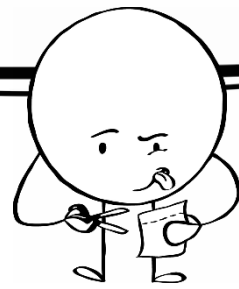
**SAD**



**SCARED**



Cut out these emotions, and paste them into correct spaces on the previous page.



Excited

Anxious

Embarrassed

Relieved

Hopeless

Annoyed

Grumpy

Rejected

Thankful

Proud

Regretful

Jealous

Miserable

Shocked

Worried

Disgusted



Thank you to the following for clipart and fonts. You help make our content look amazing!



Content & strategies created by  
School Counselor World.

Please visit our website at [www.schoolcounselorworld.com](http://www.schoolcounselorworld.com)

Interested in more lesson plans? Join our membership website for access to ALL our lesson plans for a low monthly fee. Don't pay for an individual lesson plan ever again!